



Nutritionals Updated: Sept 28, 2026

	Calories (kcal)rounded	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Cholesterol (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vegetarian	Vegan
STARTERS																
Avoca-don't Stop Dip	1020	20	3	0	400	0	30	8	4	4	10%	15%	4%	6%	Yes	Yes
The Gou Gou Balls	1500	91	37	0	1360	333	49	2	7	46	6%	2%	15%	8%	No	No
Tower-O-Rings FULL ORDER	890	83	9	0	1983	30	125	3	16	16	0%	3%	9%	1%	Yes	No
Wingin' It (16pc)	2860	160	48	2	840	1440	84	0	32	256	0%	0%	16%	66%	No	No
Wingin' It (8pc)	1430	80	24	1	420	720	42	0	16	128	0%	0%	8%	33%	No	No
DIPSTICKS / DRESSINGS																
Bacon Roasted Garlic Aioli	180	19	3	0	117	8	2	0	0	0	7%	2%	2%	0%	No	No
Balsamic Dressing	90	8	1	0	245	0	4	0	3	0	0%	0%	1%	1%	Yes	Yes
BBQ Sauce	60	0	0	0	120	0	14	0	13	0	0%	0%	0%	0%	Yes	Yes
Beechhouse	200	22	3	0	197	8	1	0	0	0	3%	2%	0%	1%	Yes	No
Buttermilk Ranch	110	12	1	0	259	6	1	0	2	0	0%	0%	0%	0%	Yes	No
Caesar Dressing	200	20	4	0	338	12	2	0	0	1	0%	0%	0%	0%	Yes	No
Chipotle Dip	170	18	3	0	226	22	1	0	1	0	0%	0%	0%	0%	Yes	No
Franks Buffalo	10	1	0	0.0	840	0	1	0	0	0	0%	0%	0%	0%	Yes	Yes
Gravy	40	0	0	0	907	0	8	0	0	0	0%	0%	0%	0%	Yes	Yes
Hotter Than Hell	60	0	0	0	2225	0	13	3	10	2	50%	79%	0%	6%	Yes	Yes
Mayo	250	27	4	0	173	12	0	0	0	0	0%	0%	0%	0%	Yes	No
Sweet 'n Tangy	70	0	0	0	290	0	20	1	18	0	2%	14%	0%	0%	Yes	Yes
Ultimate Plum Sauce	60	0	0	0.0	120	0	14	0	13	0	0%	0%	0%	0%	Yes	Yes
W Sauce	200	22	3	0	189	10	1	0	1	0	0%	1%	0%	1%	Yes	No
BURGER PATTIES																
Bacon Beef Patty (8oz)	350	22	9	1	330	115	1	1	0	39	0%	0%	1%	20%	No	No
Cheese Stuffed Beef Patty (9.5oz)	530	34	16	2	966	173	2	1	0	54	10%	0%	33%	30%	No	No
Crispy Chicken	270	11	2	0	610	115	7	1	0	37	0%	0%	2%	6%	No	No
Fresh 100% Canadian Beef (4oz)	185	11	5	1	337	65	1	1	0	22	0%	0%	1%	15%	No	No



Nutritionals Updated: Sept 28, 2026

	Calories (kcal)rounded	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Cholesterol (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vegetarian	Vegan
Fresh 100% Canadian Beef (7oz)	370	22	9	1	675	130	1	1	0	44	0%	0%	2%	30%	No	No
Fresh 100% Canadian Beef, Smash (3oz)	230	18	7	1.0	252	75	0	0.0	0	21	2%	0%	1%	15%	No	No
Fresh Whole Chicken Breast	180	3	0	0	420	90	3	0	0	36	0%	5%	0%	26%	No	No
Gourmet Veggie (4oz)	170	12	1	0	378	0	7	6	0	16	0%	0%	0%	0%	Yes	Yes
Turkey (5oz)																
Wagyu Beef	280	17	6	0.4	180	85	1	1	0	31	0%	3%	2%	20%	No	No
BUN																
Brioche	224	4	1	0	416	80	38	2	3	6	0%	0%	0%	0%	Yes	No
Gluten-free	200	6	1	0	200	0	40	4	6	4	1%	1%	2%	6%	Yes	No
Potato Bun	130	2	1	0.0	170	23	1	1	2	6	0%	0%	0%	0%	Yes	No
Vegan Sesame Multigrain Bun	200	4	0	0	367	0	35	0	4	7	0%	0%	2%	15%	Yes	Yes
BURGER TOPPING COMBINATIONS																
B.A.B Burger	290	27	8	0	380	32	4	1	2	7	11%	11%	20%	1%	Yes	No
Blues Burger	350	32	14	1	623	63	2	0	1	15	15%	0%	23%	1%	No	No
Cali Smash (Smash Burger)	527	45	13	0	987	84	11	4	3	21	20%	15%	32%	7%	No	No
Eggcellent (Smash Burger)	590	41	14	0	1380	370	12	0	7	33	25%	2%	35%	17%	No	No
Gettin' Piggy With It	720	67	19	0	1385	75	23	2	6	22	11%	68%	29%	18%	No	No
Hamburger Mary	490	48	14	0	630	178	2	0	1	17	12%	9%	22%	5%	No	No
Hawaii 5-0	170	7	4	0	412	28	24	1	20	6	7%	17%	10%	1%	Yes	No
Hella Nutella		53	19	0	848	76	28	25	3	6	0%	0%	7%	9%	No	No
Hot n' Bothered (Smash Burger)	490	37	12	0	950	50	27	3	8	14	13%	17%	28%	14%	Yes	No
Juicy Lucy	210	22	3	0	364	10	4	1	2	1	8%	13%	2%	2%	No	No
Kamikaze	190	10	6	0	2847	24	16	5	10	9	54%	171%	22%	6%	Yes	No
Magic Mushroom Melt	220	14	8	0	666	34	13	3	5	12	12%	11%	19%	0%	Yes	No
Malibu Meltdown	540	47	19	1	864	82	13	0	1	19	25%	2%	40%	1%	Yes	No
Man Cave	350	25	12	0	1169	54	23	2	16	14	10%	11%	18%	9%	No	No



Nutritionals Updated: Sept 28, 2026

	Calories (kcal)rounded	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Cholesterol (mg)	Carboydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vegetarian	Vegan
Sexy Burger	190	9	5	0	1464	35	26	3	22	3	17%	111%	8%	3%	Yes	No
Shroom Smasher (Smash Burger)	360	28	12	0	450	60	8	1	4	17	7%	4%	28%	7%	Yes	No
Six Degrees of K'vin Bacon	820	67	19	0	1742	85	23	5	7	13	16%	17%	4%	8%	Yes	No
SK8R Boy	430	38	13	0	501	46	6	2	4	20	8%	0%	15%	5%	No	No
Smokey Mountain	260	22	10	0	858	46	7	1	5	13	9%	1%	15%	1%	No	No
Son of a Beech	360	31	7	0	530	33	15	8	6	8	7%	9%	7%	3%	Yes	No
Taste of Heaven	60	54	16	0	1200	67	17	5	9	6	1%	14%	3%	1%	No	No
The Big WORKS (Smash Burger)	360	27	13	0.0	900	60	8	2	4	17	2%	9%	28%	6%	Yes	No
The Hipster	260	21	10	0	625	31	13	5	5	8	12%	18%	15%	2%	Yes	No
The John Candy (Smash Burger)	740	47	19	0.0	19	200	46	2	30	47	21%	4%	38%	16%	No	No
The OG (Smash Burger)	310	21	11	0	950	55	15	2	9	13	7%	3%	28%	4%	Yes	No
The Tom Green	480	47	14	0	583	52	5	4	0	14	10%	9%	16%	3%	No	No
The Very Plain Jane	20	0	0	0	300	0	5	2	2	1	40%	11%	2%	1%	Yes	Yes
The W	375	30	13	0.0	1400	55	13	2	8	15	18%	11%	22%	7%	No	No
Tragically Maple	765	163	9	0	1072	96	24	5	10	14	15%	2%	25%	2%	No	No
SIDES																
Fresh Cut Fries	620	31	3	0	221	0	80	8	1	9	0%	42%	2%	25%	Yes	Yes
House made Chips	580	41	3	0	1080	0	50	4	0	4	0%	5%	16%	1%	Yes	Yes
Side Caesar (incl. dressing)	370	33	10	0	635	50	13	2	1	8	5%	8%	5%	7%	No	No
Side Garden	25	0	0	0	15	0	5	2	3	1	15%	40%	3%	5%	Yes	Yes
Side Onion Rings	590	29	2	0	1040	0	82	2	10	10	0%	5%	17%	1%	Yes	No
Side Traditional Poutine	820	43	10	1	1420	43	89	8	1	19	10%	42%	32%	25%	Yes	No
Side Tragically Maple Poutine	817	46	11	1	1793	64	94	9	4	25	10%	42%	33%	28%	No	No
Sweet Potato Fries	440	22	2	0	140	0	59	7	24	3	0%	0%	0%	0%	Yes	No
POUTINES																
Poutine Tragically Maple	2229	18	34	2	3661	146	193	20	3	38	26%	85%	69%	50%	No	No



Nutritionals Updated: Sept 28, 2026

	Calories (kcal)rounded	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Cholesterol (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vegetarian	Vegan
Traditional Poutine	1630	86	20	1	2839	85	178	16	2	38	19%	83%	65%	50%	Yes	No
SAMMYS																
Chicken Fight Club	690	55	15	0	1640	247	48	4	5	57	20%	29%	25%	19%	No	No
Cluck Norris Buffalo Chicken Sandwich	720	33	11	0	1350	130	43	3	7	45	10%	6%	20%	15%	No	No
SALADS																
Crispy Cluck N Caesar (includes dressing)	760	66	20	0	1275	101	29	6	4	17	9%	26%	14%	21%	No	No
Garden of Eatin'	80	1	0	0	38	0	15	7	8	4	34%	146%	8%	17%	Yes	Yes
The Cobfather	770	54	15	0.0	1484	355	13	5	6	50	30%	23%	23%	24%	No	No
BEVERAGES																
7 Up	140	0	0	0	43	0	38	0	38	0	0%	0%	0%	0%	Yes	Yes
Apple Juice	200	0	0	0	27	0	49	0	45	0	0%	181%	0%	4%	Yes	Yes
Chocolate Milk	430	10	6	0	281	40	65	1	56	19	20%	0%	61%	10%	Yes	No
Cranberry Juice	250	0	0	0	66	0	59	0	59	0	0%	315%	0%	0%	Yes	Yes
Diet Pepsi	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	Yes	Yes
Floats (ice cream, pop added to range values)	120	12	7	0	80	40	34	2	22	2	12%	2%	8%	2%	Yes	No
Gingerale	120	0	0	0	26	0	32	0	32	0	0%	0%	1%	5%	Yes	Yes
Iced Tea	120	0	0	0	36	0	30	0	30	0	0%	6%	0%	0%	Yes	Yes
Lemonade	160	0	0	0	7	0	38	0	34	3	0%	63%	0%	3%	Yes	Yes
Milk	260	10	6	0	240	40	24	0	24	18	20%	0%	60%	0%	Yes	No
Orange Juice	180	0	0	0	22	0	42	1	33	3	15%	150%	3%	4%	Yes	Yes
Pepsi	160	0	0	0	43	0	43	0	43	0	0%	0%	0%	0%	Yes	Yes
Root Beer	180	0	0	0	68	0	47	0	47	0	0%	0%	0%	0%	Yes	Yes
Soda Water	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	Yes	Yes
Virgin Arnold	140	0	0	0	21	0	34	0	32	1	0%	35%	0%	2%	Yes	Yes
SHAKES																
Bella Nutella	1060	57	27	0	245	106	131	7	101	12	33%	0%	36%	15%	Yes	No



Nutritionals Updated: Sept 28, 2026

	Calories (kcal)rounded	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Cholesterol (mg)	Carboydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vegetarian	Vegan
Kids Shake (base)	273	13	8	0	110	45	37	2	25	4	15%	2%	16%	2%	No	No
Regular Shake (base)	545	27	16	0	220	90	74	4	50	9	29%	5%	31%	3%	No	No
Shake Odyssey	1240	70	29	0	524	104	132	9	90	26	35%	8%	34%	8%	Yes	No
Shake Your Bisc(off)	1400	74	18	1.0	400	240	123	2	97	20	35%	8%	34%	2%	Yes	No
SHAKE FLAVOURS (add-ons for 8 oz shake, double values for 16oz)																
Biscoff Cookie	30	1	1	5	23	0	5	0	2	0	0%	0%	0%	0%	Yes	Yes
Biscoff Cream	164	11	2	0	60	16	0	0	11	1	0%	0%	0%	0%	Yes	Yes
Caramel	80	0	0	0	0	0	18	0	17	0	0%	0%	0%	0%	Yes	Yes
Cherry	70	0	0	0	0	0	18	0	18	0	0%	0%	0%	0%	Yes	Yes
Chocolate	80	0	0	0	20	0	21	1	16	0	0%	0%	0%	5%	Yes	Yes
Nutella	200	11	4	0	15	0	22	1	21	2	0%	0%	4%	6%	Yes	No
Oreo Cookies	140	6	4	0	114	0	20	1	11	1	0%	0%	0%	0%	Yes	Yes
Peanut Butter	100	8	2	0	40	0	3	1	2	4	0%	0%	1%	2%	Yes	Yes
Strawberry	100	0	0	0	1	0	26	1	24	0	0%	34%	1%	3%	Yes	Yes
Vanilla	80	0	0	0	5	0	19	0	19	0	0%	0%	0%	0%	Yes	Yes
PUMP UP YOUR BURG TOPPINGS																
Avocado	80	8	1	0	4	0	4	3	0	1	0%	7%	1%	2%	Yes	Yes
Bacon	130	13	4	0	223	23	1	0	0	6	0%	0%	1%	1%	No	No
Bacon, Beef	100	6	2	0	0	30	2	0	2	5	0%	0%	2%	0%	No	No
Blue Cheese	100	9	6	0	180	24	1	0	1	6	9%	0%	14%	0%	Yes	No
Brie	90	7	4	0	180	28	2	0	0	6	6%	0%	9%	0%	Yes	No
Canadian Bacon	50	2	1	0	284	1	3	0	1	14	0%	0%	0%	4%	No	No
Carmelized Onions	60	3	2	0	423	8	9	1	5	1	2%	11%	0%	0%	Yes	No
Cheddar	110	9	6	0	227	24	0	0	0	7	9%	0%	19%	0%	Yes	No
Chicken Tender (1pc)	95	4	2	0	165	18	8	1	0	7	0%	0%	0%	1%	No	No
Cream Cheese	90	9	5	0	126	35	1	0	1	2	0%	0%	0%	0%	Yes	No



Nutritionals Updated: Sept 28, 2026

	Calories (kcal)rounded	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Cholesterol (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vegetarian	Vegan
Egg	45	3	1	0	40	121	1	0	0	4	1%	0%	1%	4%	Yes	No
Feta	80	7	4	0	491	19	0	0	0	5	6%	0%	8%	0%	Yes	No
Garlic Portobello & Cremini Mushroom Mix	40	2	1	0	16	2	4	2	0	4	0%	0%	0%	0%	Yes	No
Gourmet O-Ring	70	4	0	0	130	0	10	0	1	1	0%	1%	2%	0%	Yes	No
Havarti	110	10	7	0	198	24	0	0	0	6	9%	0%	14%	0%	Yes	No
Hickory Sticks	190	10	5	0	100	0	14	1	1	2	0%	4%	1%	2%	Yes	No
Hot Peppers	10	0	0	0	737	0	2	1	1	1	5%	62%	3%	1%	Yes	Yes
Jack Cheese	90	9	6	0	198	24	0	0	0	7	8%	0%	14%	0%	Yes	No
Jalapenos, Pickled	6	0	0	0.0	320	0	2	1	0	0	0%	0%	0%	6%	Yes	Yes
Maple Bacon Jam	49	3	1	0.0	110	0	4	0	3	2	0%	0%	0%	0%	No	No
Nutella	200	11	4	0	15	0	22	1	21	2	0%	0%	4%	6%	Yes	No
Peameal/ Canadian Bacon	49	2	1	0	284	1	3	0	1	14	0%	0%	0%	4%	No	No
Peanut Butter	190	15	3	0	76	0	6	2	4	8	0%	0%	1%	4%	Yes	Yes
Pineapple	20	0	0	0	0	0	6	0	5	0	0%	6%	1%	1%	Yes	Yes
Red Peppers	10	0	0	0	1	0	2	1	1	0	5%	71%	0%	1%	Yes	Yes
Sundried Tomatoes	60	0	0	0	0	13	10	4	6	3	0%	0%	0%	0%	Yes	Yes
Tortilla Chips	154	2	0	0	35	0	32	4	0	4	0%	0%	8%	4%	Yes	Yes
KIDS MENU																
Bacon Me Crazy	180	16	8	0	338	35	0	0	0	10	9%	0%	19%	0%	Yes	No
Cheese Please	110	9	6	0	227	24	0	0	0	7	9%	0%	19%	0%	Yes	No
Dipsy Chix	620	32	5	0	800	75	60	5	12	28	2%	15%	4%	8%	No	No
Plain Jack Jr.	0	0	0	0	0	0	0	0	0	0	0%	0%	0%	0%	No	No
Wings n' Fries	270	9	5	0	117	20	48	2	33	2	6%	0%	4%	5%	Yes	No



Allergens Updated: Sept 28, 2026

	Dairy / Milk	Crustacians	Eggs	Fish	Gluten	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphites	Tree Nuts
STARTERS												
Avoca-don't Stop Dip												
The Gou Gou Balls	YES		YES		YES	YES				YES		
Tower-O-Rings	YES				YES							
Wingin' It (16pc)	YES		YES		YES	YES				YES		
Wingin' It (8pc)	YES		YES		YES	YES				YES		
DIPSTICKS & SAUCES												
Bacon Roasted Garlic Aioli	YES		YES			YES				YES		
Balsamic Dressing						YES				YES		
Beechhouse			YES			YES						
Buttermilk Ranch	YES		YES			YES						
Chipotle Dip	YES		YES									
Franks Buffalo Sauce												
Caear Dressing	YES		YES	YES		YES						
Gravy	YES										YES	
BBQ Sauce						YES				YES		
Plum Sauce					YES					YES		
Hotter Than Hell											YES	
Mayo			YES			YES						
Sweet 'n Tangy						YES						
W Sauce			YES	YES		YES				YES	YES	
PATTY OPTIONS												
Beef, Halal					YES					YES		
Cheese Stuffed Beef Patty (9.5oz)	YES											
Fresh 100% Canadian Beef (3oz)												
Fresh 100% Canadian Beef (4oz)												
Fresh 100% Canadian Beef (7oz)												
Fresh Whole Chicken Breast												
Gourmet Veggie (4oz)					YES			YES		YES		
Turkey (5oz)												
Wagyu Beef (6oz)												
BUNS												
Brioche Bun			YES		YES							

Allergens Updated: Sept 28, 2026

	Dairy / Milk	Crustacians	Eggs	Fish	Gluten	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphites	Tree Nuts
Gluten Free			YES									
Potato Bun	YES				YES			YES			YES	
Vegan B&W Multigrain Sesame					YES			YES		YES		
BURGER TOPPING COMBINATION												
B.A.B Burger	YES		YES	YES		YES				YES	YES	
Bacon You Fancy	YES		YES			YES				YES		
Blues Burger	YES		YES									
Cali Smash (Smash Burger)	YES		YES			YES						
Eggcellent (Smash Burger)	YES		YES	YES		YES				YES	YES	
Gettin' Piggy With It	YES				YES	YES						
Hamburger Mary	YES		YES			YES						
Hawaii 5-0	YES					YES						
Hella Nutella	YES		YES		YES	YES				YES		YES
Hot n' Bothered (Smash Burger)	YES		YES									
Juicy Lucy	YES		YES			YES						
Kamikaze	YES					YES					YES	
Magic Mushroom Melt	YES											
Malibu Meltdown	YES		YES		YES	YES						
Man Cave	YES					YES						
Shroom Smasher (Smash Burger)	YES					YES						
Sexy Burger	YES					YES					YES	
Six Degrees of K'vin Bacon	YES		YES		YES	YES				YES		
SK8R Boy	YES						YES			YES		
Smokey Mountain	YES					YES						
Son of a Beech	YES		YES			YES					YES	
Taste of Heaven	YES		YES	YES		YES				YES	YES	
The Big WORKS (Smash Burger)	YES		YES	YES		YES				YES	YES	
The Hipster	YES											
The John Candy (Smash Burger)	YES		YES		YES	YES				YES		
The OG (Smash Burger)	YES					YES						
The Tom Green	YES		YES			YES						
The Tragically Maple	YES		YES							YES	YES	
The Very Plain Jane												



EST. 2001

Allergens Updated: Sept 28, 2026

	Dairy / Milk	Crustacians	Eggs	Fish	Gluten	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphites	Tree Nuts
The W Burger	YES		YES	YES		YES				YES	YES	
KIDS MEALS												
Bacon Me Crazy Cheeseburger	YES											
Cheese Please Burger	YES											
Dipsy Chix					YES							
Kid's Free Ice Cream	YES				YES					YES		
Plain Jack Jr.												
Wings n' Fries	YES		YES		YES	YES				YES		
SIDES												
Fresh Cut Fries												
Garden Salad												
House made Chips												
Side Caesar	YES		YES	YES	YES	YES				YES		
Side Onion Rings	YES				YES							
Side Traditional Poutine	YES										YES	
Side Tragically Maple Poutine	YES		YES			YES					YES	
Sweet Potato Fries	YES											
POUTINES												
Traditional Poutine	YES										YES	
Tragically Maple Poutine	YES				YES	YES					YES	
SAMMYS												
Chicken Fight Club	YES		YES		YES	YES						
Cluck Norris Buffalo Chicken Sandwich	YES		YES		YES	YES						
SALADS												
Crispy Cluck N Caesar (<i>incl. dressing</i>)	YES		YES	YES	YES	YES				YES		
Garden of Eaten' (<i>incl. dressing</i>)												
The Cobbfather (<i>incl. dressing</i>)	YES		YES									
SHAKES												
Base Shake (No Flavours)	YES											
Bella Nutella	YES									YES		YES
Shake Odyssey	YES				YES		YES			YES		
Shake Ur Bis(coff)	YES				YES							
SHAKE FLAVOURS												



Allergens Updated: Sept 28, 2026

Dairy / Milk Crustacians Eggs Fish Gluten Mustard Peanuts Sesame Shellfish Soy Sulphites Tree Nuts

Biscoff Cookie				YES					YES		
Biscoff Cream											
Caramel											
Nutella	YES								YES		YES
Cherry											
Chocolate											
Oreo Cookies				YES					YES		
Peanut Butter						YES			YES		
Strawberry											
Vanilla											

BEVERAGES

Virgin Arnold											
Cranberry Juice											
Lemonade											
Apple Juice											
Orange Juice											
Milk	YES										
Chocolate Milk	YES										
Pepsi											
Diet Pepsi											
7 Up											
Gingerale											
Root Beer											
Floats	YES										
Iced Tea											
Soda Water											
Virgin Caesar	YES		YES			YES			YES	YES	
Works Caesar	YES		YES			YES			YES	YES	
Caesars Samba	YES		YES	YES		YES			YES	YES	

THE WORKS CRAFT BURGERS & BEER EST. 2001 BBQ Nutritionals Updated: 02/2026		Calories (kcal)	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Cholesterol (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vegetarian	Vegan
*maple baked beans, coleslaw and jalapeno cornbread not included	STARTERS																
	Cry 'n' Fry Bloomin' Onion	1500	120	15	0	2200	130	125	6	8	15	4%	30%	1%	20%	Yes	No
	You Had Me At Queso - Brisket Queso & Tortillas	1558	105	38	0	5575	194	103	7	2	59	11%	1%	44%	26%	No	No
	MAINS (most meals include protien/main, maple baked beans, coleslaw and jalapeno cornbread.)																
	Let's Get Brisky (1/2 lb brisket meal)	1445	78	26	1.0	1830	130	195	9	63	54	11%	6%	12%	27%	No	No
	Rack To The Future (1/2 rack pork ribs)	1490	79	25	0.5	1910	287	130	9	63	60	21%	14%	16%	32%	No	No
	Lord of the Ribs (full rack pork ribs)	2115	124	43	1.1	2110	550	130	9	63	121	27%	15%	21%	48%	No	No
	Creamy Mac Dreamy* (white mac & cheese)	867	49	24	8.0	1680	125	83	24	21	18	16%	8%	271%	22%	No	No
	The Great Briskcape* (white mac & cheese w/ brisket)	1157	71	33	9.0	1640	210	83	24	21	40	18%	8%	271%	28%	No	No
	Wurst Case Scenario (Bratwurst)	1270	74	22	0.0	2790	165	107	11	31	35	18%	15%	21%	29%	No	No
	Bone Appétit - Rib & Wings (1/2 rack pork ribs + 4 Wings)	1550	96	24	0.6	2480	260	83	6	30	78	10%	6%	10%	20%	No	No
	PLATTERS (includes protien, maple baked beans, coleslaw and jalapeno cornbread)																
	The Feast & The Furious (3-meats)	2435	146	51	1.6	3770	455	132	9	64	122	25%	15%	20%	35%		
	Meat Me Halfway (feeds 3-4 people)	5820	355	120	3.4	7170	1060	324	18	159	271	40%	25%	40%	50%		
	Family Meating (feeds 5-6 people)	8580	559	189	6.4	10275	1545	432	30	174	457	65%	30%	55%	75%		
	POUTINES																
	Brisket Bound Poutine	1520	95	35	0.5	1450	250	87	8	2	80	20%	15%	40%	20%		
	ADD ONS & UPGRADES																
	1/2 lb Brisket	570	40	15	0.5	100	170	0	0	0	52	0%	0%	2%	25%	No	No
	Brisket Topping (1oz)	71	5	2	0.0	21	12	0	0	0	6	0%	0%	0%	3%	No	No
	Bratwurst Sausage (1)	270	22	8	0.0	700	65	2	0	1	14	0%	0%	2%	4%		
	Coleslaw (6oz)	165	13	1	0.0	270	0	18	3	9	2	10%	15%	4%	4%	Yes	Yes
	Half Rack Pork Ribs	870	55	20	0.5	950	150	35	1	25	55	4%	2%	6%	15%		
	Jalapeno Cornbread	210	8	3	0.1	300	25	30	2	5	3	6%	2%	5%	5%	Yes	Yes
	Mac & Cheese Upgrade (1oz)	11	0	0	0.0	19	1	3	1	1	2	4%	0%	5%	1%		
	Mac & Cheese Upgrade (8oz)	360	12	7	0.0	680	25	52	3	6	13	15%	0%	20%	8%		
	Maple Beans (3oz)	60	1	0	0.0	250	0	13	3	6	2	0%	2%	2%	6%	Yes	Yes
	Mustard, Yellow	0	0	0	0.0	60	0	0	0	0	0	0%	0%	0%	0%	Yes	Yes
	Queso (1oz)	45	4	1	0.0	217	5	4	2	0	1	0%	0%	0%	0%	Yes	
	Queso (3oz)	135	11	4	0.0	650	14	6	6	0	3	0%	0%	0%	0%	Yes	
	Tangy Coleslaw (6oz)	130	7	1	0.1	240	0	15	1	13	1	10%	62%	6%	2%	Yes	Yes
	KIDS MENU (includes protien, maple baked beans, coleslaw)																
	Lil' Rackstar (1/4 rack pork ribs)	915	48	15	0.6	1235	110	89	7	39	30	10%	10%	15%	12%		

T H E WORKS CRAFT BURGERS & BEER EST. 2001 Nutritionals Updated: 02/2026 BBQ		Calories (kcal)	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Cholesterol (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vegetarian	Vegan
	Brisket Jr.	950	57	19	0.6	740	195	49	6	15	57	15%	10%	15%	25%		
	Brat To The Bone	750	45	14	0.1	1340	115	53	6	16	21	10%	8%	14%	15%		
	Holy Macaroni	740	29	10	0.1	1320	50	101	9	21	18	25%	10%	35%	12%		

Dairy / Milk

Crustacians

Eggs

Fish

Gluten

Mustard

Peanuts

Sesame

Shellfish

Soy

Sulphites

Tree Nuts

STARTERS

Cry 'n' Fry Bloomin' Onion			YES		YES								
You Had Me At Queso - Brisket Queso & Tortillas	YES					YES				YES			

MAINS (most includes protien/main, maple baked beans, coleslaw and jalapeno cornbread.)

Let's Get Brisky (1/2 lb brisket meal)	YES		YES		YES	YES				YES	YES		
Rack To The Future (1/2 rack pork ribs)	YES		YES		YES	YES				YES	YES		
Lord of the Ribs (full rack pork ribs)	YES		YES		YES	YES				YES	YES		
Creamy Mac Dreamy* (white mac & cheese)	YES		YES		YES	YES							
The Great Briskape* (white mac & cheese w/ brisket)	YES		YES		YES	YES							
Wurst Case Scenario (Bratwurst)	YES		YES		YES	YES				YES	YES		
Bone Appétit - Rib & Wings (1/2 rack pork ribs + 4 Wings)	YES		YES		YES	YES				YES	YES		

PLATTERS (includes protien, maple baked beans, coleslaw and jalapeno cornbread)

The Feast & The Furious (3-meats)	YES		YES		YES	YES				YES	YES		
Meat Me Halfway (feeds 3-4 people)	YES		YES		YES	YES				YES	YES		
Family Meating (feeds 5-6 people)	YES		YES		YES	YES				YES	YES		

POUTINES

Brisket Bound Poutine	YES		YES			YES				YES	YES		
-----------------------	-----	--	-----	--	--	-----	--	--	--	-----	-----	--	--

SOLO ADD ONS & UPGRADES

Jalapeno Cornbread	YES		YES		YES					YES			
Coleslaw													
Mac & Cheese Upgrade	YES		YES		YES	YES							
Maple Beans						YES				YES	YES		
Mustard, Yellow						YES							

KIDS MENU (includes protien, maple baked beans, coleslaw)

Lil' Rackstar (1/4 rack pork ribs)	YES		YES		YES	YES				YES	YES		
Brisket Jr.	YES		YES		YES	YES				YES	YES		

* not included

THE WORKS CRAFT BURGERS & BEER EST. 2001 BBQ		Dairy / Milk Crustaceans Eggs Fish Gluten Mustard Peanuts Sesame Shellfish Soy Sulphites Tree Nuts											
Allergens Updated: 02/2026													
Brat To The Bone	YES		YES		YES	YES				YES	YES		
Holy Macaroni	YES		YES		YES	YES				YES	YES		
BEVERAGES													
Maple BBQ Caesar				YES		YES				YES	YES		

The WORKS offers products that may contain; fish, shellfish, crustaceans, mollusc, sesame, soy, milk, egg, wheat, sulphite and other allergens. While we take steps to minimize the risk of cross contamination, we cannot guarantee the total absence of any allergen or that any of our products are safe to consume for people with allergies to such. If you think you may be allergic to any ingredient contained in any of our products, please consult your physician prior to consuming.