





Nutritionals Updated: 02/2026

	Calories (kcal)	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Cholesterol (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vegetarian	Vegan	
<b>APPS</b>	Avoca-don't Stop Dip	1020	20	3	0	400	0	30	8	4	4	10%	15%	4%	6%	Yes	Yes
	The Gou Gou Balls	1500	91	37	0	1360	333	49	2	7	46	6%	2%	15%	8%	No	No
	Tower-O-Rings	885	84	9	0	1983	30	126	3	15	15	0%	3%	9%	1%	Yes	No
	Wingin' It (8pc)	1430	80	24	1	420	720	42	0	16	128	0%	0%	8%	33%	No	No
	Wingin' It (16pc)	2860	160	48	2	840	1440	84	0	32	256	0%	0%	16%	66%	No	No
<b>DIPSTICKS / DRESSINGS</b>																	
<b>DIPSTICKS / DRESSINGS</b>	Bacon Roasted Garlic Aioli	178	19	3	0.2	117	8	2	0	0	0	7%	2%	2%	0%	No	No
	Balsamic Dressing	88	8	1	0.1	245	0	4	0	3	0	0%	0%	1%	1%	Yes	Yes
	Beechhouse	203	22	3	0.2	197	8	1	0	0	0	3%	2%	0%	1%	Yes	No
	Buttermilk Ranch	110	12	1	0.1	259	6	1	0	2	0	0%	0%	0%	0%	Yes	No
	Caesar Dressing	197	20	4	0.1	338	12	2	0	0	1	0%	0%	0%	0%	Yes	No
	Chipotle Dip	167	18	3	0.2	226	22	1	0	1	0	0%	0%	0%	0%	Yes	No
	Franks Buffalo	10	1	0	0.0	840	0	1	0	0	0	0%	0%	0%	0%	Yes	Yes
	Gravy	39	0	0	0.0	907	0	8	0	0	0	0%	0%	0%	0%	Yes	Yes
	Hotter Than Hell	62	0	0	0.0	2225	0	13	3	10	2	50%	79%	0%	6%	Yes	Yes
	Mayo	246	27	4	0.2	173	12	0	0	0	0	0%	0%	0%	0%	Yes	No
	Sour Cream	50	4	3	0.1	40	15	2	0	1	1	4%	0%	0%	0%	Yes	No
	Sweet 'n Tangy	73	0	0	0.0	290	0	20	1	18	0	2%	14%	0%	0%	Yes	Yes
	Ultimate BBQ Sauce	60	0	0	0.0	120	0	14	0	13	0	0%	0%	0%	0%	Yes	Yes
Ultimate Plum Sauce	60	0	0	0.0	120	0	14	0	13	0	0%	0%	0%	0%	Yes	Yes	
W Sauce	204	22	3	0.2	189	10	1	0	1	0	0%	1%	0%	1%	Yes	No	
<b>BURGER PATTIES</b>																	
<b>BURGER PATTIES</b>	Beef, Halal	390	31	10	2.0	550	90	5	1	0	21	0%	0%	4%	20%	No	No
	Fresh 100% Canadian Beef (7oz)	370	22	9	1.0	675	130	1	1	0	44	0%	0%	2%	30%	No	No
	Cheese Stuffed Beef Patty (9.5oz)	528	34	16	1.6	966	173	2	1	0	54	10%	0%	33%	30%	No	No
	Crispy Chicken	270	11	2	0.0	610	115	7	1	0	37	0%	0%	2%	6%	No	No
	Fresh 100% Canadian Beef (4oz)	185	11	5	0.5	337	65	1	0.5	0	22	0%	0%	1%	15%	No	No
	Fresh 100% Canadian Beef, Smash (3oz)	230	18	7	1.0	252	75	0	0.0	0	21	2%	0%	1%	15%	No	No
	Fresh Whole Chicken Breast	181	3	0	0.0	420	90	3	0	0	36	0%	5%	0%	26%	No	No
	Veggie Patty, Cardinal (4oz)	140	10	1	0.0	400	55	10	1	10	17	0%	0%	0%	0%	Yes	Yes
	Wagyu Beef	280	17	6	0.4	180	85	1	1	0	31	0%	3%	2%	20%	No	No
<b>BUN</b>																	
<b>BUNS</b>	White	224	4	1	0.0	416	80	38	2	3	6	0%	0%	0%	0%	Yes	No
	Black & White Sesame	201	4	0	0.0	367	0	35	0	4	7	0%	0%	2%	15%	Yes	Yes
	Gluten-free	200	6	1	0.0	200	0	40	4	6	4	1%	1%	2%	6%	Yes	No
	Potato Bun	130	2	1	0.0	170	23	1	1	2	6	0%	0%	0%	0%	Yes	No

 <small>EST. 2001</small> Nutritional Updated: 02/2026		Calories (kcal)	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Cholesterol (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vegetarian	Vegan
<b>BURGER BUILDS</b>																	
<b>BURGER TOPPING COMBINATIONS</b>	B.A.B Burger	289	27	8	0.4	380	32	4	1	2	7	11%	11%	20%	1%	Yes	No
	Blues Burger	347	32	14	0.5	623	63	2	0	1	15	15%	0%	23%	1%	No	No
	Cali Smash (Smash Burger)	527	45	13	0.0	987	84	11	4	3	21	20%	15%	32%	7%	No	No
	Chicken Fight Club	689	55	15	0.4	1640	247	48	4	5	57	20%	29%	25%	19%	No	No
	Cluck Norris Buffalo Chicken Sandwich	720	33	11	0.3	1350	130	43	3	7	45	10%	6%	20%	15%	No	No
	Eggcellent (Smash Burger)	590	41	14	0.0	1380	370	12	0	7	33	25%	2%	35%	17%	No	No
	Gettin' Piggy With It	721	67	19	0.3	1385	75	23	2	6	22	11%	68%	29%	18%	No	No
	Hamburger Mary	494	48	14	0.5	630	178	2	0	1	17	12%	9%	22%	5%	No	No
	Hot n' Bothered (Smash Burger)	490	37	12	0.0	950	50	27	3	8	14	13%	17%	28%	14%	Yes	No
	Juicy Lucy	214	22	3	0.2	364	10	4	1	2	1	8%	13%	2%	2%	No	No
	Kamikaze	192	10	6	0.3	2847	24	16	5	10	9	54%	171%	22%	6%	Yes	No
	Magic Mushroom Melt	216	14	8	0.3	666	34	13	3	5	12	12%	11%	19%	0%	Yes	No
	Man Cave	346	25	12	0.2	1169	54	23	2	16	14	10%	11%	18%	9%	No	No
	Shroom Smasher (Smash Burger)	360	28	12	0.0	450	60	8	1	4	17	7%	4%	28%	7%	Yes	No
	Six Degrees of K'vin Bacon	819	67	19	0.2	1742	85	23	5	7	13	16%	17%	4%	8%	Yes	No
	SK8R Boy	427	38	13	0.2	501	46	6	2	4	20	8%	0%	15%	5%	No	No
	Smokey Mountain	259	22	10	0.2	858	46	7	1	5	13	9%	1%	15%	1%	No	No
	Son of a Beech	364	31	7	0.3	530	33	15	8	6	8	7%	9%	7%	3%	Yes	No
	Taste of Heaven	619	54	16	0.2	1200	67	17	5	9	6	1%	14%	3%	1%	No	No
	The Big WORKS (Smash Burger)	360	27	13	0.0	900	60	8	2	4	17	2%	9%	28%	6%	Yes	No
	The Hipster	259	21	10	0.3	625	31	13	5	5	8	12%	18%	15%	2%	Yes	No
	The John Candy (Smash Burger)	740	47	19	0.0	19	200	46	2	30	47	21%	4%	38%	16%	No	No
The OG (Smash Burger)	310	21	11	0.0	950	55	15	2	9	13	7%	3%	28%	4%	Yes	No	
The Tom Green	483	47	14	0.3	583	52	5	4	0	14	10%	9%	16%	3%	No	No	
The Very Plain Jane	20	0	0	0.0	300	0	5	2	2	1	40%	11%	2%	1%	Yes	Yes	
The W	375	30	13	0.0	1400	55	13	2	8	15	18%	11%	22%	7%	No	No	
Tragically Maple	765	163	9	0.0	1072	96	24	5	10	14	15%	2%	25%	2%	No	No	
<b>SIDES</b>																	
<b>SIDES</b>	Fresh Cut Fries	620	31	3	0.1	221	0	80	8	1	9	0%	42%	2%	25%	Yes	Yes
	Cukes & Celery	30	31	3	0.1	329	0	86	11	4	10	9%	53%	8%	29%	Yes	Yes
	House made Spicy Potato Chips	584	41	3	0.2	1080	0	50	4	0	4	0%	5%	16%	1%	Yes	Yes
	Steamed Broccoli	31	1	0	0.0	47	0	4	4	1	4	19%	48%	14%	22%	Yes	Yes
	Weeds	25	0	0	0.0	15	0	5	2	3	1	15%	40%	3%	5%	Yes	Yes
<b>UM</b>	Side Caesar ( <i>incl. dressing</i> )	371	33	10	0.1	635	50	13	2	1	8	5%	8%	5%	7%	No	No
	Side Onion Rings	590	29	2	0.0	1040	0	82	2	10	10	0%	5%	17%	1%	Yes	No

		Calories (kcal)	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Cholesterol (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vegetarian	Vegan
Nutritionals Updated: 02/2026																	
PREMI SIDE	Side Traditional Poutine	817	43	10	0.7	1420	43	89	8	1	19	10%	42%	32%	25%	Yes	No
	Side Tragically Maple Poutine	1114	9	17	0.7	1831	32	97	10	2	19	10%	42%	33%	28%	No	No
	Sweet Potato Fries	440	22	2	0.1	140	0	59	7	24	3	0%	0%	0%	0%	Yes	No
<b>POUTINES</b>																	
POUT INE	Traditional Poutine	1634	86	20	1.4	2839	85	178	16	2	38	19%	83%	65%	50%	Yes	No
	Poutine Tragically Maple	2229	18	34	1.6	3661	146	193	20	3	38	26%	85%	69%	50%	No	No
<b>SALADS</b>																	
SALADS	The Cobbfather	770	54	15	0.0	1484	355	13	5	6	50	30%	23%	23%	24%	No	No
	Crispy Cluck N Caesar <i>(incl. dressing)</i>	758	66	20	0.2	1275	101	29	6	4	17	9%	26%	14%	21%	No	No
	Romaine Calm & Carry On	75	1	0	0.0	38	0	15	7	8	4	34%	146%	8%	17%	Yes	Yes
<b>BEVERAGES</b>																	
	Virgin Arnold	137	0	0	0.0	21	0	34	0	32	1	0%	35%	0%	2%	Yes	Yes
	7 Up	142	0	0	0.0	43	0	38	0	38	0	0%	0%	0%	0%	Yes	Yes
	Apple Juice	200	0	0	0.0	27	0	49	0	45	0	0%	181%	0%	4%	Yes	Yes
	Chocolate Milk	427	10	6	0.2	281	40	65	1	56	19	20%	0%	61%	10%	Yes	No
	Cranberry Juice	246	0	0	0.0	66	0	59	0	59	0	0%	315%	0%	0%	Yes	Yes
	Diet Pepsi	0	0	0	0.0	0	0	0	0	0	0	0%	0%	0%	0%	Yes	Yes
	Floats (ice cream, pop not incl)	120	12	7	0.4	80	40	34	2	22	2	12%	2%	8%	2%	Yes	No
	Gingerale	124	0	0	0.0	26	0	32	0	32	0	0%	0%	1%	5%	Yes	Yes
	Iced Tea	116	0	0	0.0	36	0	30	0	30	0	0%	6%	0%	0%	Yes	Yes
	Lemonade	158	0	0	0.0	7	0	38	0	34	3	0%	63%	0%	3%	Yes	Yes
	Milk	260	10	6	0.2	240	40	24	0	24	18	20%	0%	60%	0%	Yes	No
	Orange Juice	180	0	0	0.0	22	0	42	1	33	3	15%	150%	3%	4%	Yes	Yes
	Pepsi	156	0	0	0.0	43	0	43	0	43	0	0%	0%	0%	0%	Yes	Yes
	Root Beer	180	0	0	0.0	68	0	47	0	47	0	0%	0%	0%	0%	Yes	Yes
	Soda Water	0	0	0	0.0	0	0	0	0	0	0	0%	0%	0%	0%	Yes	Yes
<b>SHAKES</b>																	
	Shake ur Bis(coff) (16oz)	1400	74	18	1.0	400	240	123	2	97	20	35%	8%	34%	2%	Yes	No
	Shake Odyssey (16oz)	1242	70	29	0.3	524	104	132	9	90	26	35%	8%	34%	8%	Yes	No
	Bella Nutella (16oz)	1186	54	30	0	500	90	164	8	130	14	29%	5%	31%	3%	No	No
	Kids Shake Base (8oz)	273	13	8	0.0	110	45	37	2	25	4	15%	2%	16%	2%	No	No
	Regular Shake Base (16oz)	545	27	16	0.1	220	90	74	4	50	9	29%	5%	31%	3%	No	No
<b>SHAKE FLAVOURS (add-ons for 8 oz shake, double values for 16oz)</b>																	
	Caramel	76	0	0	0.0	0	0	18	0	17	0	0%	0%	0%	0%	Yes	Yes
	Cherry	70	0	0	0.0	0	0	18	0	18	0	0%	0%	0%	0%	Yes	Yes
	Chocolate	84	0	0	0.0	20	0	21	1	16	0	0%	0%	0%	5%	Yes	Yes
	Oreo Cookies	137	6	4	0.1	114	0	20	1	11	1	0%	0%	0%	0%	Yes	Yes

THE  
**WORKS**  
CRAFT BURGERS & BEER

EST. 2001

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Nutella	200	11	4	0.0	15	0	22	1	21	2	0%	0%	4%	6%	Yes	No
Peanut Butter	100	8	2	0.0	40	0	3	1	2	4	0%	0%	1%	2%	Yes	Yes
Strawberry	104	0	0	0.0	1	0	26	1	24	0	0%	34%	1%	3%	Yes	Yes
Vanilla	79	0	0	0.0	5	0	19	0	19	0	0%	0%	0%	0%	Yes	Yes
<b>PUMP UP YOUR BURG TOPPINGS</b>																
Arugula	7	0.2	0	0	8	0	1	0	0.6	0.7	4%	5%	3%	2%	Yes	Yes
Avocado	83	8	1	0.0	4	0	4	3	0	1	0%	7%	1%	2%	Yes	Yes
Bacon	132	13	4	0.0	223	23	1	0	0	6	0%	0%	1%	1%	No	No
Bacon Seasoned Potato Sticks	190	10	5	0.0	100	0	14	1	1	2	0%	4%	1%	2%	Yes	No
Bacon, Beef	100	6	2	0.0	0	30	2	0	2	5	0%	0%	2%	0%	No	No
Blue Cheese	103	9	6	0.3	180	24	1	0	1	6	9%	0%	14%	0%	Yes	No
Candied Bacon	352	29	11	0.0	600	53	6	4	1	5	0%	0%	0%	3%	No	No
Canadian Cheese Curds	315	24	14	1.2	580	85	3	0	0	20	30%	0%	0%	0%	No	No
Caramelized Onions	63	3	2	0.0	423	8	9	1	5	1	2%	11%	0%	0%	Yes	Yes
Carrots, Shredded	12	0	0	0.0	19	0	3	1	1	0	53%	2%	1%	0%	Yes	Yes
Cheddar	113	9	6	0.3	227	24	0	0	0	7	9%	0%	19%	0%	Yes	No
Chicken Tender (1pc)	95	4	2	0.0	165	18	8	1	0	7	0%	0%	0%	1%	No	No
Cucumbers	4	0	0	0.0	0	0	0	0	0	0	0%	1%	0%	0%	Yes	Yes
Egg	43	3	1	0.0	40	121	1	0	0	4	1%	0%	1%	4%	Yes	No
Feta Cheese	80	6	4	0.2	490	25	0	0	0	6	12%	0%	10%	0%	No	No
Gourmet O-Ring	73	4	0	0.0	130	0	10	0	1	1	0%	1%	2%	0%	Yes	No
Havarti Cheese	100	8	6	0.3	260	30	1	0	0	5	0%	0%	13%	0%	No	No
Hot Peppers	11	0	0	0.0	737	0	2	1	1	1	5%	62%	3%	1%	Yes	Yes
Jack Cheese	94	9	6	0.2	198	24	0	0	0	7	8%	0%	14%	0%	Yes	No
Jalapenos, Pickled	6	0	0	0.0	320	0	2	1	0	0	0%	0%	0%	6%	Yes	Yes
Maple Bacon Jam	49	3	1	0.0	110	0	4	0	3	2	0%	0%	0%	0%	No	No
Onion Tangles	60	3	1	0.0	120	0	9	1	1	1	0%	0%	0%	1%	Yes	No
Peameal/ Canadian Bacon	49	2	1	0.0	284	1	3	0	1	14	0%	0%	0%	4%	No	No
Peanut Butter	188	15	3	0.0	76	0	6	2	4	8	0%	0%	1%	4%	Yes	Yes
Red Peppers	10	0	0	0.0	1	0	2	1	1	0	5%	71%	0%	1%	Yes	Yes
Sauteed Mushrooms	40	2	1	0.0	16	2	4	2	0	4	0%	0%	0%	0%	Yes	Yes
Sundried Tomatoes	61	0	0	0.0	0	13	10	4	6	3	0%	0%	0%	0%	Yes	Yes
Tortilla Chips	154	2	0	0.0	35	0	32	4	0	4	0%	0%	8%	4%	Yes	Yes
<b>KIDS MENU</b>																
Bacon Me Crazy Cheeseburger	180	16	8	0.3	338	35	0	0	0	10	9%	0%	19%	0%	Yes	No
Cheese Please Burger	114	9	6	0.3	227	24	0	0	0	7	9%	0%	19%	0%	Yes	No
Dipsy Chix	620	32	5	0.2	800	75	60	5	12	28	2%	15%	4%	8%	No	No

T H E  
**WORKS**  
CRAFT BURGERS & BEER

EST. 2001

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Kid's Free Ice Cream	272	9	5	0.0	117	20	48	2	33	2	6%	0%	4%	5%	Yes	No
Plain Jack Jr. Burger	335	15.5	1.5	0.05	360.5	0	46	6	3.5	5.5	15%	10%	2%	4%	Yes	Yes
Wings 'n' Fries	1025	56	14	1	321	360	61	4	9	69	0%	0%	8%	33%	No	No
<b>DESSERTS</b>																
Double Scoop Ice Cream	544	18	10	0.0	234	40	96	4	66	4	6%	0%	4%	5%	Yes	No
Mini Cheesecake	270	13	6	0.0	280	10	58	2	37	7	6%	4%	15%	8%	Yes	No
Sweet Experiment	270	13	6	0.0	280	10	58	2	37	7	6%	4%	15%	8%	Yes	No
Slice of Rainbow	940	54	16	1.0	31		102	1	74	7	0%	0%	4%	10%	Yes	No



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**STARTERS**

Cry 'n' Fry Bloomin' Onion	1500	120	15	0	2200	130	125	6	8	15	4%	30%	1%	20%	Yes	No
You Had Me At Queso - Brisket Queso & Tortillas	1558	105	38	0	5575	194	103	7	2	59	11%	1%	44%	26%	No	No

**MAINS (most meals include protien/main, maple baked beans, coleslaw and jalapeno cornbread.)**

\*maple baked beans, coleslaw and jalapeno cornbread not included

Let's Get Brisky (1/2 lb brisket meal)	1445	78	26	1.0	1830	130	195	9	63	54	11%	6%	12%	27%	No	No
Rack To The Future (1/2 rack pork ribs)	1490	79	25	0.5	1910	287	130	9	63	60	21%	14%	16%	32%	No	No
Lord of the Ribs (full rack pork ribs)	2115	124	43	1.1	2110	550	130	9	63	121	27%	15%	21%	48%	No	No
Creamy Mac Dreamy* (white mac & cheese)	867	49	24	8.0	1680	125	83	24	21	18	16%	8%	271%	22%	No	No
The Great Briskcape* (white mac & cheese w/ brisket)	1157	71	33	9.0	1640	210	83	24	21	40	18%	8%	271%	28%	No	No
Wurst Case Scenario (Bratwurst)	1270	74	22	0.0	2790	165	107	11	31	35	18%	15%	21%	29%	No	No
Bone Appétit - Rib & Wings (1/2 rack pork ribs + 4 Wings)	1550	96	24	0.6	2480	260	83	6	30	78	10%	6%	10%	20%	No	No

**PLATTERS (includes protien, maple baked beans, coleslaw and jalapeno cornbread)**

The Feast & The Furious (3-meats)	2435	146	51	1.6	3770	455	132	9	64	122	25%	15%	20%	35%		
Meat Me Halfway (feeds 3-4 people)	5820	355	120	3.4	7170	1060	324	18	159	271	40%	25%	40%	50%		
Family Meating (feeds 5-6 people)	8580	559	189	6.4	10275	1545	432	30	174	457	65%	30%	55%	75%		

**POUTINES**

Brisket Bound Poutine	1520	95	35	0.5	1450	250	87	8	2	80	20%	15%	40%	20%		
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**ADD ONS & UPGRADES**

1/2 lb Brisket	570	40	15	0.5	100	170	0	0	0	52	0%	0%	2%	25%	No	No
Brisket Topping (1oz)	71	5	2	0.0	21	12	0	0	0	6	0%	0%	0%	3%	No	No
Bratwurst Sausage (1)	270	22	8	0.0	700	65	2	0	1	14	0%	0%	2%	4%		
Coleslaw (6oz)	165	13	1	0.0	270	0	18	3	9	2	10%	15%	4%	4%	Yes	Yes
Half Rack Pork Ribs	870	55	20	0.5	950	150	35	1	25	55	4%	2%	6%	15%		
Jalapeno Cornbread	210	8	3	0.1	300	25	30	2	5	3	6%	2%	5%	5%	Yes	Yes
Mac & Cheese Upgrade (1oz)	11	0	0	0.0	19	1	3	1	1	2	4%	0%	5%	1%		
Mac & Cheese Upgrade (8oz)	360	12	7	0.0	680	25	52	3	6	13	15%	0%	20%	8%		
Maple Beans (3oz)	60	1	0	0.0	250	0	13	3	6	2	0%	2%	2%	6%	Yes	Yes
Mustard, Yellow	0	0	0	0.0	60	0	0	0	0	0	0%	0%	0%	0%	Yes	Yes
Queso (1oz)	45	4	1	0.0	217	5	4	2	0	1	0%	0%	0%	0%	Yes	
Queso (3oz)	135	11	4	0.0	650	14	6	6	0	3	0%	0%	0%	0%	Yes	
Tangy Coleslaw (6oz)	130	7	1	0.1	240	0	15	1	13	1	10%	62%	6%	2%	Yes	Yes

**KIDS MENU (includes protien, maple baked beans, coleslaw)**

Lil' Rackstar (1/4 rack pork ribs)	915	48	15	0.6	1235	110	89	7	39	30	10%	10%	15%	12%		
Brisket Jr.	950	57	19	0.6	740	195	49	6	15	57	15%	10%	15%	25%		
Brat To The Bone	750	45	14	0.1	1340	115	53	6	16	21	10%	8%	14%	15%		

**T H E**  
**WORKS** **BBQ**  
CRAFT BURGERS & BEER

EST. 2001  
**Nutritionals Updated: 02/2026**

	Calories (kcal)	Fat (g)	Saturated Fat (g)	Trans Fat (g)	Sodium (mg)	Cholesterol (mg)	Carbohydrate (g)	Fiber (g)	Sugar (g)	Protein (g)	Vitamin A (%DV)	Vitamin C (%DV)	Calcium (%DV)	Iron (%DV)	Vegetarian	Vegan
Holy Macaroni	740	29	10	0.1	1320	50	101	9	21	18	25%	10%	35%	12%		



Allergens Updated: 02/2026

Dairy / Milk	Crustaceans	Eggs	Fish	Wheat	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphites	Tree Nuts
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		APPS												
APPS	Avoca-don't Stop Dip													
	The Gou Gou Balls	YES		YES		YES	YES					YES		
	Tower-O-Rings	YES				YES								
	Wingin' It (8pc)	YES		YES		YES	YES					YES		
Wingin' It (16pc)	YES		YES		YES	YES					YES			
		DIPSTICKS / DRESSINGS												
DIPSTICKS / DRESSINGS	Bacon Roasted Garlic Aioli	YES		YES			YES					YES		
	Balsamic Dressing						YES					YES		
	Beechhouse			YES			YES							
	Buttermilk Ranch	YES		YES			YES							
	Caeser Dressing													
	Chipotle Dip	YES		YES										
	Franks Buffalo													
	Gravy	YES											YES	
	Hotter Than Hell												YES	
	Mayo			YES			YES							
	Sour Cream	YES												
	Sweet 'n Tangy						YES							
	Ultimate BBQ Sauce						YES					YES		
	Ultimate Plum Sauce					YES						YES		
W Sauce			YES	YES		YES					YES	YES		
		BURGER PATTIES												
	Beef, Halal					YES						YES		
	Cheese Stuffed Beef Patty (9.5oz)	YES												
	Crispy Chicken	YES		YES		YES	YES							
	Fresh 100% Canadian Beef (4oz)													
	Fresh 100% Canadian Beef (7oz)													
	Fresh 100% Canadian Beef, Smash (3oz)													
	Fresh Whole Chicken Breast													
	Veggie Patty, Cardinal (4oz)					YES			YES		YES			



Allergens Updated: 02/2026

		Dairy / Milk	Crustaceans	Eggs	Fish	Wheat	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphites	Tree Nuts	
<b>BUN</b>	Wagyu Beef													
	<b>BUN</b>													
	White			YES		YES								
	Black & White Sesame					YES			YES		YES			
	Gluten Free			YES										
Potato Bun	YES				YES			YES			YES			
<b>BURGER TOPPING COMBINATIONS</b>														
	B.A.B Burger	YES		YES	YES		YES				YES	YES		
	Blues Burger	YES		YES										
	Cali Smash (Smash Burger)			YES			YES							
	Chicken Fight Club	YES		YES		YES	YES							
	Cluck Norris Buffalo Chicken Sandwich	YES		YES		YES	YES							
	Eggcellent (Smash Burger)			YES	YES		YES				YES	YES		
	Gettin' Piggy With It	YES		YES		YES	YES				YES			
	Hamburger Mary	YES		YES			YES							
	Hot n' Bothered (Smash Burger)			YES										
	Juicy Lucy	YES					YES					YES		
	Kamikaze	YES												
	Magic Mushroom Melt	YES					YES							
	Man Cave	YES					YES				YES			
	Shroom Smasher (Smash Burger)	YES					YES							
	Six Degrees of K'vin Bacon	YES		YES		YES	YES				YES			
	SK8R Boy	YES						YES			YES			
	Smokey Mountain	YES					YES							
	Son of a Beech	YES		YES			YES					YES		
	Taste of Heaven	YES		YES	YES		YES				YES	YES		
	The Big WORKS (Smash Burger)	YES		YES	YES		YES				YES	YES		
	The Hipster	YES												
	The John Candy (Smash Burger)	YES		YES		YES	YES				YES			
	The OG (Smash Burger)	YES					YES							
	The Tom Green	YES		YES			YES							



Allergens Updated: 02/2026

		Dairy / Milk	Crustaceans	Eggs	Fish	Wheat	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphites	Tree Nuts
	The Tragically Maple	YES		YES							YES	YES	
	The Very Plain Jane						YES					YES	
	The W Burger	YES		YES	YES		YES				YES	YES	
<b>SIDES</b>													
<b>SIDES</b>	Fresh Cut Fries												
	House made Spicy Potato Chips												
	Side Caesar	YES		YES	YES	YES	YES				YES		
	Side Garden												
	Side Onion Rings	YES				YES							
	Side Traditional Poutine	YES										YES	
	Side Tragically Maple Poutine	YES		YES		YES	YES					YES	
	Sweet Potato Fries	YES				YES							
<b>POUTINE</b>													
<b>POUTIN</b>	Traditional Poutine	YES										YES	
	Tragically Maple Poutine	YES		YES		YES	YES					YES	
<b>SALADS</b>													
<b>SALADS</b>	Crispy Cluck N Caesar <i>(incl. dressing)</i>	YES		YES	YES	YES	YES				YES		
	Romaine Calm & Carry On	YES					YES					YES	YES
	The Cobbfather	YES		YES									
<b>SHAKES</b>													
	Bella Nutella	YES									YES		YES
	Shake Odyssey	YES				YES		YES			YES		
	Shake Ur Bis(coff)	YES				YES							
	Base Shake (No Flavours)	YES											
<b>SHAKE FLAVOURS</b>													
	Caramel												
	Cherry												
	Chocolate												
	Oreo Cookies					YES					YES		
	Nutella	YES									YES		YES
	Peanut Butter							YES			YES		



Allergens Updated: 02/2026

		Dairy / Milk	Crustaceans	Eggs	Fish	Wheat	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphites	Tree Nuts	
	Strawberry													
	Vanilla													
<b>BEVERAGES</b>														
<b>BEVERAGES</b>	7 Up													
	Apple Juice													
	Caesars Samba	YES			YES	YES	YES				YES	YES		
	Chocolate Milk	YES												
	Cranberry Juice													
	Diet Pepsi													
	Floats	YES												
	Gingerale													
	Iced Tea													
	Lemonade													
	Milk	YES												
	Orange Juice													
	Pepsi													
	Root Beer													
Soda Water														
Virgin Caesar				YES			YES				YES	YES		
Works Caesar				YES			YES				YES	YES		
<b>KIDS MENU</b>														
<b>KIDS MENU</b>	Cheese Please Burger	YES												
	Bacon Me Crazy Cheeseburger	YES												
	Dipsy Chix					YES								
	Plain Jack Jr.													
	Wings n' Fries	YES		YES		YES	YES				YES			
	Kid's Free Ice Cream	YES				YES					YES			
<b>DESSERTS</b>														
	Double Scoop Ice Cream	YES				YES					YES			
	Mini Cheesecake	YES				YES					YES			
	Sweet Experiment	YES				YES					YES			



Allergens Updated: 02/2026

	Dairy / Milk	Crustaceans	Eggs	Fish	Wheat	Mustard	Peanuts	Sesame	Shellfish	Soy	Sulphites	Tree Nuts
Slice of Rainbow	YES				YES	YES				YES		

The WORKS offers products that may contain; fish, shellfish, crustaceans, mollusc, sesame, soy, milk, egg, wheat, sulphite and other allergens. While we take steps to minimize the risk of cross contamination, we cannot guarantee the total absence of any allergen or that any of our products are safe to consume for people with allergies to such. If you think you may be allergic to any ingredient contained in any of our products, please consult your physician prior to consuming.

Allergens Updated: 02/2026

Dairy / Milk

Crustaceans

Eggs

Fish

Gluten

Mustard

Peanuts

Sesame

Shellfish

Soy

Sulphites

Tree Nuts

**STARTERS**

Cry 'n' Fry Bloomin' Onion			YES		YES								
You Had Me At Queso - Brisket Queso & Tortillas	YES					YES				YES			

**MAINS (most includes protien/main, maple baked beans, coleslaw and jalapeno cornbread.)**

Let's Get Brisky (1/2 lb brisket meal)	YES		YES		YES	YES				YES	YES		
Rack To The Future (1/2 rack pork ribs)	YES		YES		YES	YES				YES	YES		
Lord of the Ribs (full rack pork ribs)	YES		YES		YES	YES				YES	YES		
Creamy Mac Dreamy* (white mac & cheese)	YES		YES		YES	YES							
The Great Briskcape* (white mac & cheese w/ brisket)	YES		YES		YES	YES							
Wurst Case Scenario (Bratwurst)	YES		YES		YES	YES				YES	YES		
Bone Appétit - Rib & Wings (1/2 rack pork ribs + 4 Wings)	YES		YES		YES	YES				YES	YES		

**PLATTERS (includes protien, maple baked beans, coleslaw and jalapeno cornbread)**

The Feast & The Furious (3-meats)	YES		YES		YES	YES				YES	YES		
Meat Me Halfway (feeds 3-4 people)	YES		YES		YES	YES				YES	YES		
Family Meating (feeds 5-6 people)	YES		YES		YES	YES				YES	YES		

**POUTINES**

Brisket Bound Poutine	YES		YES			YES				YES	YES		
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**SOLO ADD ONS & UPGRADES**

Jalapeno Cornbread	YES		YES		YES					YES			
Coleslaw													
Mac & Cheese Upgrade	YES		YES		YES	YES							
Maple Beans						YES				YES	YES		
Mustard, Yellow						YES							

**KIDS MENU (includes protien, maple baked beans, coleslaw )**

Lil' Rackstar (1/4 rack pork ribs)	YES		YES		YES	YES				YES	YES		
Brisket Jr.	YES		YES		YES	YES				YES	YES		
Brat To The Bone	YES		YES		YES	YES				YES	YES		
Holy Macaroni	YES		YES		YES	YES				YES	YES		

\* not included



EST. 2001

Allergens Updated: 02/2026

*Dairy / Milk*

*Crustaceans*

*Eggs*

*Fish*

*Gluten*

*Mustard*

*Peanuts*

*Sesame*

*Shellfish*

*Soy*

*Sulphites*

*Tree Nuts*

**BEVERAGES**

Maple BBQ Caesar

YES

YES

YES

YES

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